



**HUNTINGDONSHIRE  
FAMILY HUB NETWORK**

# WHAT'S ON

**October 2026**

## **Welcome to the Huntingdonshire Family Hub Network**

We aim to provide families of all abilities, identities and cultures with the support and information they need to help them give children the best start in life. We aim to ensure our hubs and network sites are friendly and welcoming places for all.

There is no charge for our services.

## Things you need to know...

### Booking

Booking is essential for some sessions and spaces are limited. All booking is done on our online booking system which you can access via the link or QR code below:

<https://bookwhen.com/huntsfhs>



### Privacy Notice

The Cambridgeshire Best Start Family Hubs holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of Cambridgeshire County Council and Best Start Local Network services.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk) (search Privacy Notice).

### Addresses

|                                                                                                           |                                                                                               |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <b>Best Start Family Hub - Huntingdon</b><br>Sallowbush Road, Huntingdon PE29 7AF                         | <b>Best Start Network Site - Eaton Socon</b><br>Bushmead Road, Eaton Socon, St Neots PE19 8BT |
| <b>Best Start Network Site - Eynesbury</b><br>Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX | <b>Best Start Network Site - Ramsey Library</b><br>25 Great Whyte, Ramsey PE26 1HG            |
| <b>Best Start Network Site - Sawtry Community Centre</b><br>Green End Road, Sawtry PE28 5UX               | <b>Best Start Network Site – The Broad Leas Centre</b><br>Norris Road, St Ives PE27 5QB       |
| <b>Huntingdon Nursery School</b><br>Ambury Road, Huntingdon PE29 1AD                                      |                                                                                               |

In October we will be thinking about ....

Black History Month:  
1 – 31 October



If you would like to celebrate something important to you  
with other people who use our services please let us know.

B = Booking Required

# Huntingdonshire Family Hub Network Online Booking System



**Scan the QR code to  
access our new Bookwhen  
page to book on to our  
sessions.**

**Sessions are bookable 14  
days in advance.**

**Please speak to a  
member of staff if you  
need any support**



**FAMILY  
HUBS**

| Monday                                    |                  |                                                                                                                                                                                                                                                                                                                |   |                                                                         |
|-------------------------------------------|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|-------------------------------------------------------------------------|
| <b>English for Adults</b><br>9am to 11am  | 5, 12, 19<br>Oct | Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills.<br><br>To book a space please call 01480 375216.                                                                                                                                                     | B | Huntingdon Nursery School Site<br>Ambury Road<br>Huntingdon<br>PE29 1AD |
| <b>Stay and Play</b><br>9.15am to 10.45am | 5, 12, 19<br>Oct | A fun play session for children aged 0 to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                 |   | Huntingdon Nursery School Site<br>Ambury Road<br>Huntingdon<br>PE29 1AD |
| <b>Tiniest Feet</b><br>10am to 11.30am    | 5, 12, 19<br>Oct | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Network Site - Sawtry Community Centre                       |
| <b>Sensory Tots</b><br>10am to 11.30am    | Weekly           | A play session for little ones from birth to 2 years.<br><br>Please book your space using the QR code at the beginning of this What's On.                                                                                                                                                                      | B | Best Start Network Site - Eaton Socon                                   |
| <b>Self-Weigh</b><br>10am to 12.30pm      | Weekly           | Self-weigh for babies and children aged 6 weeks up to 5 years.<br><br>No booking required.                                                                                                                                                                                                                     |   | Best Start Family Hub - Huntingdon                                      |

B = Booking Required

| Monday continued                                             |               |                                                                                                                                                                                                                                                                                                                       |   |                                                                                                  |
|--------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|--------------------------------------------------------------------------------------------------|
| <b>Sensory Babies</b><br>10am to 11.30am                     | Weekly        | <p>Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p> | B | Best Start Family Hub - Huntingdon                                                               |
| <b>Stay and Play</b><br>10am to 11.30am                      | 5, 19, 26 Oct | <p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                                                                                                           | B | Best Start Outreach Site - Buckden<br>Buckden Village Hall<br>Burberry Rd<br>Buckden<br>PE19 5UY |
| <b>English for Adults</b><br>1pm to 3pm                      | 5, 12, 19 Oct | <p>Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course.</p> <p>To book a space please call 01480 375216.</p>                                                                                                    | B | Huntingdon Nursery School Site<br>Ambury Road<br>Huntingdon<br>PE29 1AD                          |
| <b>Stay and Play</b><br>1.30pm to 3pm                        | Weekly        | <p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                                                                                                           | B | Best Start Family Hub - Huntingdon                                                               |
| <b>Introducing Family Foods Workshop</b><br>1.30pm to 2.30pm | 19 Oct        | <p>A workshop to find out more about how to introduce your baby to your family foods.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                                                                                         | B | Best Start Network Site - Eaton Socon                                                            |

B = Booking Required

| Tuesday                                                                                                                                     |               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |   |                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|-----------------------------------------------------------------------------------------------------------------|
| <b>Maths for Adults</b><br>9am to 11am                                                                                                      | 6, 13, 20 Oct | Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available.<br><br>To book a space please call 01480 375216.                                                                                                                                                                                                                                                                                      | B | Huntingdon Nursery School Site<br>Ambury Road<br>Huntingdon<br>PE29 1AD                                         |
| <b>Stay and Play Little Bears</b><br>10am to 11.30am                                                                                        | Weekly        | An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years.<br><br>Please book your space using the QR code at the beginning of this What's On.                                                                                                                                                                                                                                                     | B | Best Start Outreach Site - Godmanchester<br>Judith's Field Pavilion<br>London Road<br>Godmanchester<br>PE29 2WB |
| <b>Tiniest Feet 50 Things</b><br>10am to 11.30am<br><br> | Weekly        | Fun filled themed sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.<br><br><b>6 Oct</b> - #10 Sharing Books<br><b>13 Oct</b> - #4 Make Your Mark<br><b>20 Oct</b> - #7 Making Music<br><b>27 Oct</b> - #17 Hocus Pocus Potions<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Network Site - Ramsey Library                                                                        |
| <b>Storytime</b><br>10am to 11am                                                                                                            | Weekly        | Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                                                                                                                         |   | Coneygear Centre<br>Butts Grove Way<br>Huntingdon<br>PE29 1PE                                                   |

B = Booking Required

| Tuesday continued                                                                                                              |           |                                                                                                                                                                                                                                                                                                                                                                                  |   |                                                         |
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| <b>Parenting Discussion Group – Developing Mealtime Routines</b><br>10am to 12 noon                                            | 6 Oct     | A workshop offering practical, flexible strategies for everyday parenting, focussed this time on developing mealtime routines. Join us for discussion, guidance, reassurance or new approaches to day-to-day challenges. Suitable for parents/carers of children ages up to 12years.<br><br>Please book your space using the QR code at the beginning of this What's On.         | B | Best Start Network Site - Eaton Socon                   |
| <b>Self-Weigh</b><br>11.30am to 2.30pm                                                                                         | Weekly    | Self-weigh for babies and children aged 6 weeks up to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                                                                       |   | Best Start Network Site - Ramsey Library                |
| <b>Ramsey Tots</b><br>1pm to 2.30pm<br><br> | Weekly    | A stay and play session for children aged 0 to 3 years. Activities based on the 50 Things To Do Before You're Five app.<br><br><b>6 Oct</b> - #10 Sharing Books/Bookstart<br><b>13 Oct</b> - #4 Make Your Mark<br><b>20 Oct</b> - #7 Making Music<br><b>27 Oct</b> - #17 Hocus Pocus Potions<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Network Site - Ramsey Library                |
| <b>Drop-In Child Health Clinic</b><br>1pm to 2.30pm                                                                            | 6, 20 Oct | Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                                    |   | Queens Park Hall<br>Daimler Avenue<br>Yaxley<br>PE7 3LX |

B = Booking Required

| Tuesday continued                                                                                                                               |               |                                                                                                                                                                                                                                                                                                                                             |   |                                       |
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| <b>Stay and Play:</b><br><b>50 Things</b><br>1.30pm to 3pm<br> | 6, 20, 27 Oct | A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.<br><br><b>6 Oct</b> - #10 Sharing Books/Bookstart<br><b>20 Oct</b> - #7 Making Music<br><b>27 Oct</b> - #17 Hocus Pocus Potions<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Network Site - Eaton Socon |
| <b>Young Parents Group</b><br>1.30pm to 3pm                                                                                                     | Weekly        | A group for parents and expectant parents aged 22 or under, with children aged 0 to 5 years. Come and join these free, informal sessions to play and chat about preparing for baby, birth and caring for yourself and your little one.<br><br>Please book your space using the QR code at the beginning of this What's On.                  | B | Best Start Family Hub - Huntingdon    |

| Wednesday                                                                                                                                 |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|-------------------------------------------------------------------------|
| <b>SENDSory Foundations</b><br>9.15am to 10.45am                                                                                          | 7, 14 Oct | <p>A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome . The Nursery SENCO will be available for parents.</p> <p>Please note there is no session on the last Wednesday of every month.</p> <p>To book a space please call 01480 375216.</p> | B | Huntingdon Nursery School Site<br>Ambury Road<br>Huntingdon<br>PE29 1AD |
| <b>Stay and Play</b><br>10am to 11.30am                                                                                                   | Weekly    | <p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                                                                                                                                                                                                                                                          | B | Best Start Network Site - Eaton Socon                                   |
| <b>Stay and Play: 50 Things</b><br>10am to 11.30am<br> | Weekly    | <p>A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.</p> <p><b>7 Oct</b> - #10 Sharing Books/Bookstart<br/> <b>14 Oct</b> - #4 Make Your Mark<br/> <b>21 Oct</b> - #7 Making Music<br/> <b>28 Oct</b> - #17 Hocus Pocus Potions</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                        | B | Best Start Family Hub - Huntingdon                                      |

| Wednesday continued                                       |                  |                                                                                                                                                                                                                                                                                                                |   |                                                                                                                  |
|-----------------------------------------------------------|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------|
| <b>Drop-In<br/>Child Health Clinic</b><br>11am to 12 noon | 7, 14, 21<br>Oct | Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years.<br><br>No booking required.                                                                                                                                                                                  |   | Best Start Network Site -<br>Sawtry Community Centre                                                             |
| <b>Self-Weigh</b><br>11am to 1.30pm                       | 7, 14, 21<br>Oct | Self-weigh for babies and children aged 6 weeks up to 5 years.<br><br>No booking required.                                                                                                                                                                                                                     |   | Best Start Network Site -<br>Sawtry Community Centre                                                             |
| <b>Tiniest Feet</b><br>12.30pm to 2pm                     | 7, 14, 28<br>Oct | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.<br><br>Please book your space using the QR code at the beginning of this What's On. | B | St Ives Library<br>Library Row<br>Station Road<br>St Ives<br>PE27 5BW                                            |
| <b>Sensory Babies</b><br>1.30pm to 3pm                    | Weekly           | Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.<br><br>Please book your space using the QR code at the beginning of this What's On.  | B | Best Start Network Site -<br>Eaton Socon                                                                         |
| <b>Stay and Play</b><br>1.45pm to 3pm                     | 7, 14, 21<br>Oct | A stay and play session suitable for children aged 0 to 5 years.<br><br>Please book your space using the QR code at the beginning of this What's On.                                                                                                                                                           | B | Best Start Outreach Site -<br>Wyton<br>Wyton Primary School<br>Cambridge Square<br>Wyton on the Hill<br>PE28 2JB |

B = Booking Required

| Thursday                                                      |                      |                                                                                                                                                                                                                                     |   |                                                         |
|---------------------------------------------------------------|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---------------------------------------------------------|
| <b>Self-Weigh</b><br>9.30am to 12 noon                        | 8, 15, 22,<br>29 Oct | Self-weigh for babies and children aged 6 weeks up to 5 years.<br>No booking required.                                                                                                                                              |   | Best Start Network Site - Eynesbury                     |
| <b>Introducing Family Foods Workshop</b><br>9.45am to 10.45am | 8 Oct                | A workshop to find out more about how to introduce your baby to your family foods.<br><br>Please book your space using the QR code at the beginning of this What's On.                                                              | B | Best Start Family Hub - Huntingdon                      |
| <b>Family Hubs Launch</b><br>10am to 2pm                      | 1 Oct                | Come along and join us to celebrate the launch of the new Best Start Family Hub in Huntingdon. Drop in to meet the team, learn about the support available and enjoy fun activities with your children.<br><br>No booking required. |   | Best Start Family Hub - Huntingdon                      |
| <b>Peep Group</b><br>10am to 11.30am                          | 8, 15, 22<br>Oct     | A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years.<br><br>To book a space please call 01480 375216.                | B | Christian Centre<br>Nene Road<br>Huntingdon<br>PE29 1RE |
| <b>Sensory Tots</b><br>10am to 11.30am                        | 8, 15, 22,<br>29 Oct | A play session for little ones up to the age of 2 years, running alongside the drop-in child health clinic.<br><br>Please book your space using the QR code at the beginning of this What's On.                                     | B | Best Start Family Hub - Huntingdon                      |

B = Booking Required

| Thursday continued                                        |                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                 |   |                                                         |
|-----------------------------------------------------------|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---------------------------------------------------------|
| <b>Drop-In<br/>Child Health Clinic</b><br>10am to 11.30am | 8, 15, 22,<br>29 Oct | Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                                                                                                   |   | Best Start Family Hub -<br>Huntingdon                   |
| <b>Little Explorers</b><br>10am to 11.30am                | 8, 15, 22,<br>29 Oct | A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.<br><br>As part of the National Year of Reading, we will dedicate time in one session each month to focus on a selected book. This initiative aims to celebrate reading and encourage a shared love of books across our community.<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Network Site -<br>Eaton Socon                |
| <b>Infant Feeding<br/>Drop-In</b><br>10am to 11.30am      | 8, 22 Oct            | A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome.<br><br>No booking required.                                                                                                                                                                                 |   | Best Start Family Hub -<br>Huntingdon                   |
| <b>Peep Group</b><br>1pm to 2.30pm                        | 1, 8, 15,<br>22 Oct  | A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months.<br><br>To book a space please call 01480 375216.                                                                                                                                                                                                                                | B | Christian Centre<br>Nene Road<br>Huntingdon<br>PE29 1RE |

B = Booking Required

| Friday                                       |                  |                                                                                                                                                                                                                                                                                                                                                                                                                                           |   |                                                   |
|----------------------------------------------|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---------------------------------------------------|
| <b>Self-Weigh</b><br>9.30am to 12 noon       | Weekly           | Self-weigh for babies and children aged 6 weeks up to 5 years.<br><br>No booking required.                                                                                                                                                                                                                                                                                                                                                |   | Best Start Network Site - Eaton Socon             |
| <b>Breastfeeding Drop-In</b><br>10am to 11am | Weekly           | A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.<br><br>No booking required.                                                                                                                                                                                                                                                           |   | Best Start Network Site - Eaton Socon             |
| <b>Four to Explore</b><br>10am to 11.30am    | 2, 9, 16, 23 Oct | Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.<br><br><b>2 Oct</b> – Role Play<br><b>9 Oct</b> – Construction<br><b>16 Oct</b> – Teddy Bears<br><b>23 Oct</b> – Cats, Bats and Hats<br><br>Please book your space using the QR code at the beginning of this What's On.                                                                         | B | Best Start Network Site - Sawtry Community Centre |
| <b>Four to Explore</b><br>10am to 11.30am    | Weekly           | A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.<br><br><b>2 Oct</b> – Sharing Books/Bookstart<br><b>9 Oct</b> – Let's Get Physical<br><b>16 Oct</b> – Little Builders<br><b>23 Oct</b> – Let's Get Creative<br><b>30 Oct</b> – Let's Get Spooky<br><br>Please book your space using the QR code at the beginning of this What's On. | B | Best Start Family Hub - Huntingdon                |

B = Booking Required

| Friday continued                                             |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |   |                                          |
|--------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------|
| <b>More to Explore</b><br>10am to 11.30am                    | 9, 23 Oct | <p>The ethos of More to Explore is showing parents there is more to explore through child led play, using household items and treasure baskets, and natural resources both inside and outside. Children engage in heuristic and messy play to encourage creative learning through play, which in turn can lead to school readiness and the ability to work safely and independently. Suitable for children aged 0 to 5 years.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p> | B | Best Start Network Site - Eaton Socon    |
| <b>Pop Up Room on the Broom Bookstart</b><br>10am to 11.30am | 30 Oct    | <p>A special themed Bookstart session for the National Year of Reading. Come and have fun exploring this great story to, support your child's communication and language development.</p> <p>Please book your space using the QR code at the beginning of this What's On.</p>                                                                                                                                                                                                                                         | B | Best Start Network Site - Eaton Socon    |
| <b>Drop-In Child Health Clinic</b><br>10.15am to 12.15pm     | 9, 23 Oct | <p>Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years.</p> <p>No booking required.</p>                                                                                                                                                                                                                                                                                                                                                                                  |   | Best Start Network Site - Ramsey Library |

B = Booking Required

| Friday continued |        |                                                                                                                                                                                                                                                                                                                                         |  |                                                                                                                                                                                               |
|------------------|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 50 Things Friday | Weekly | <p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost.</p> |  | <p>Facebook post:</p>   |

BEST  
START  
N LIFE

FAMILY  
HUBS



## Self-weigh Sessions

### **Best Start Family Hub - Huntingdon**

*Sallowbush Road, PE29 7AF*

**Monday**

10am to 12.30pm

### **Best Start Network Site - Eynesbury**

*Winhills School, St Neots PE19 2DX*

**Thursday**

**8, 15, 22, 29 October**

9.30am to 12 noon

### **Best Start Network Site - Ramsey Library**

*Ramsey Library, PE26 1HG*

**Tuesday**

11.30am to 2.30pm

### **Best Start Network Site - The Broad Leas Centre**

*Norris Road, PE27 5QB*

**No sessions in October - building  
closed for refurbishment**

### **Best Start Network Site - Sawtry Community Centre**

*Sawtry Community Centre,  
PE28 5UX*

**Wednesday 7, 14, 21 October**

11am to 1.30pm

### **Best Start Network Site - Eaton Socon**

*Bushmead School, St Neots PE19 8BT*

**Friday**

9.30am to 12 noon

**Babies must be 6 weeks or over and children under 5 years**

**No need to book - for more information, call: 01480 372700**

# DEVELOPING



# FAMILY HUBS

# MEALTIME ROUTINES

## Workshop



Parenting discussion groups provide practical advice and positive parenting tips to help parents and carers support children aged 0 to 12 through everyday challenges.

Creating positive and enjoyable family mealtimes

Mealtimes can be challenging. Join this discussion group to learn simple strategies for creating positive mealtime routines, encouraging healthy eating habits, and making family meals more relaxed and enjoyable.



### Our Location

Best Start Network Site – Eaton Socon  
Bushmead Road, Eaton Socon,  
St Neots PE19 8BT



Tuesday 6 October 2026  
10am to 12 noon

BOOK NOW



SCAN HERE





Cambridge  
County Council

# Launching soon: Best Start Family Hub **Huntingdon**



From Monday 28 September, Cambridgeshire County Council is launching five new Best Start Family Hubs, which will build on the current Child and Family Centre offer.

We would like to invite you to be part of the launch! Come along to the opening of the new Best Start Family Hub in Huntingdon.

No booking required. Drop in to meet the team, learn about all the support available and enjoy fun activities with your children. You'll find refreshments, information stands and free resources.

Also, we'd love to hear from you about our services and the support you need.

Everyone welcome.

We look forward to seeing you soon at a new Family Hub!



## Where and when

- ★ Thursday 1 October
- ★ 10.00am - 2.00pm
- ★ Huntingdon Family Hub, Sallowbush Road, Huntingdon, PE29 7AF



## Taster activities

- ★ Sensory babies
- ★ More to explore
- ★ Bookstart corner
- ★ Tiny tooth
- ★ Introducing family foods
- ★ Sensory ribbon rings
- ★ Parachute play and singing with Julie
- ★ Playdough making



B = Booking Required

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact <a href="mailto:familyhubs.huntingdonshire@cambridgeshire.gov.uk">familyhubs.huntingdonshire@cambridgeshire.gov.uk</a> for a chat with one of our staff.</p>                                                                                                                                       |
|  | <p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.</p> |
|  | <p><b>Five to Thrive</b></p> <p>'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>                                                                                                                                |
| <p><b>Breastfeeding Support</b></p>                                               | <p>Information on support available locally can be found by visiting:<br/> <a href="https://www.facebook.com/CambridgeshireInfantFeeding">www.facebook.com/CambridgeshireInfantFeeding</a></p>                                                                                                                                                                                                                                                                        |
| <p><b>Are you concerned about the safety of a child?</b></p>                      | <p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>                                                                                                                                                |
| <p><b>Support for Young People</b></p>                                            | <p><b>Keep Your Head:</b> A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.</p> <p><a href="http://www.keep-your-head.com">www.keep-your-head.com</a></p>                                |



## Our Opening Times

|                                                                                                                                      |                                                                                                                                       |                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>Huntingdon Family Hub</b>                                                                                                         | <b>Eaton Socon Network Site</b>                                                                                                       |                                                                                                                             |
| <i>Monday 9.30am to 4pm<br/>Tuesday 9.30am to 12 noon<br/>Thursday 9.30am to 1pm<br/>Friday 9.30am to 2.30pm</i>                     | <i>Monday 9.30am to 4pm<br/>Tuesday 1pm to 4pm<br/>Wednesday 9.30am to 4pm<br/>Thursday 9.30am to 1pm<br/>Friday 9.30am to 2.30pm</i> |                                                                                                                             |
| <b>Eynesbury Network Site</b>                                                                                                        | <b>Ramsey Network Site</b>                                                                                                            |                                                                                                                             |
| <i>Thursday<br/>9.30am to 12.30pm</i>                                                                                                | <i>Tuesday<br/>10am to 2.30pm</i>                                                                                                     |                                                                                                                             |
| <b>Sawtry Network Site</b>                                                                                                           | <b>St Ives Network Site</b>                                                                                                           | <b>Huntingdon Nursery Site</b>                                                                                              |
| <i>Monday, Wednesday and Friday<br/>9.30am to 2.30pm<br/>Building closed for maintenance<br/>26 October to 6 November inclusive.</i> | <i>Building closed for refurbishment in<br/>October.</i>                                                                              | <i>Monday to Friday<br/>8.45am to 3.30pm term time<br/>Mondays and Wednesdays<br/>9am to 12 noon during school holidays</i> |

## Contact Us

| Get In Touch                                                                                                                            |                                                                                 |
|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>Best Start Family Hub - Huntingdon</b><br>01480 372700                                                                               | <b>Best Start Network Site - Eaton Socon</b><br>01480 372700                    |
| <b>Best Start Network Site - Eynesbury Site</b><br>01480 372700                                                                         | <b>Best Start Network Site - Ramsey Library</b><br>01480 372700                 |
| <b>Best Start Network Site - Sawtry Community Centre</b><br>01480 372700                                                                | <b>Best Start Network Site - The Broad Leas Centre, St Ives</b><br>01480 372700 |
| <b>Huntingdon Nursery School</b><br>01480 375216                                                                                        |                                                                                 |
| <b>Email us:</b> <a href="mailto:familyhubs.huntingdonshire@cambridgeshire.gov.uk">familyhubs.huntingdonshire@cambridgeshire.gov.uk</a> |                                                                                 |

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



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B = Booking Required